



Gilmours

**fresh
produce**

IN PARTNERSHIP WITH


FreshConnection

**FRESH PRODUCE
WEEKLY REPORT**

Labour Day – Order Cut Off Times

UNI Fresh Produce Deliveries

Saturday 23rd: Order by 10pm Friday
Monday 25th: No deliveries
Tuesday 26th: Order by 10pm Monday

UNI Prepared Produce Deliveries

Saturday 23rd: Order by 8am Friday
Monday 25th: No deliveries
Tuesday 26th: Order by 8am Friday

LNI Fresh Produce Deliveries

Saturday 23rd: Order by 10pm Friday
Monday 25th: No deliveries
Tuesday 26th: Order by 10pm Monday

LNI Prepared Produce Deliveries

Saturday 23rd: Order by 7am Friday
Monday 25th: No deliveries
Tuesday 26th: Order by 7am Friday

UNI = Gilmours Mt Roskill, Gilmours Manukau, Gilmours Hamilton, Gilmours Tauranga and Gilmours North Shore Shared Members
LNI = Gilmours Central and Gilmours Wellington Shared Members

Market Overview

October Frosts!!

A cold snap last week saw our growers in the Waikato and Central North Island experience a frost, hopefully the last one for the year! Wet and overcast conditions still impacting on supply and while it is improving we are still behind normal for this time of year

Tomatoes continue to improve so fingers cross we are over the worst of the supply issues and on track to get them back on menus as staple lines

We do have bobby bananas available again for delivery from Wednesday so thanks for your patience while we worked through those supply issues.



Hot Deals This Week

***Valid for orders invoiced from Tuesday 19/10/21 to Monday 25/10/21**

Fresh Connection Hass Avocado

.80 cents each

Article 5276383



Fresh Connection Red Kumara

\$2.95 per kg

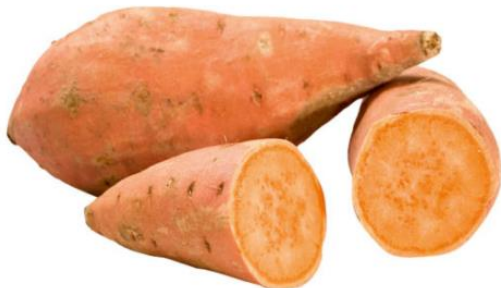
Article 5276871



Fresh Connection Beauregard Kumara

\$2.95 per kg

Article 5276869



Fresh Vegetables

PRODUCT	AVAILABILITY	QUALITY	COMMENT
Potato			Good supply and availability
Pumpkin			Stored product is starting to get rots so supply is tight and will get harder from here
Tomato			Supply is starting to improve
Kumara			Reds, Beauregard and gold all available in good quantities
Broccoli			Supply looking stable for this week
Cauliflower			Good supply for this week
Cucumber			Good supply and consistent quality

Fresh Fruits

PRODUCT	AVAILABILITY	QUALITY	COMMENT
Banana			Bobby variety will be back in stock mid-week
Mandarin			New Zealand Nuggets are now available and a great option
Grapes			Stock available now with more on the way later this week
Kiwifruit			Fruit has been stored for some time now and prices starting to lift, gold has gone very short
Honeydew & Rock Melon			Only very limited and very expensive air freight crop available
Pineapple			Supply will be impacted with issues highlighted but we have stock for this week then we will be out
Apple			New shipment has arrived so no supply issues
Pear			Packham pears are mostly Australian now and tend to all be large fruit
Lemon			Good volumes available

 Good Marginal Challenging

Seasonal Update

- Red cabbage and Wonbok are both very short supply due to bolting, which is the crop going to seed rather than forming a proper head, this often occurs in Spring with cold and hot weather as the plant thinks it has been through another winter and starts going to seed, both will be short for the next week or so.
- Issues with imports is the main issue driving supply and availability this week.
- Courgette - Prices coming back now and will continue to improve so a good addition to menus
- Fancy lettuce, cos and Iceburg all improving now and supply should remain stable now until we get into the very hot months where we may get some shortages depending on how much rain we get over summer



Did you know?

Pumpkins are usually orange but can sometimes be yellow, white, green or red and the name pumpkin comes from the Greek word 'pepon', meaning 'large melon'.

Scientifically speaking, pumpkins are a fruit (they contain seeds) but when it comes to cooking, they are often referred to as vegetables.

Giant pumpkins can be grown for competitions, with some weighing over 450 kilograms. The world record currently is 1190 kg that's huge!!

Pumpkin plants feature both male and female flowers, with bees typically being involved in pollination

Pumpkins are popular decorations during Halloween. A carved pumpkin illuminated by candles is known as a 'jack-o-lantern'. The tradition is believed to have come from Ireland, where they used to carve faces into turnips, beet and other root vegetables as part of the Gaelic festival of Samhain.